www.fromtherootsblog.com

Get all the fall feels with this homemade Instant Pot Apple Butter Recipe!

Cook Time: 1.5-2 hrs | Prep Time: 10 min | Serving: 4 pints apple butter

Ingredients

- 4.5 5 lb apples, cored and diced (not peeled!)
- 1 Tbsp apple pie seasoning
- 1-2 tsp ground cinnamon
- ¼ cup pure maple syrup (depending on sweetness level)
- Juice of 1 lemon
- 1 tsp vanilla extract
- ½ cup filtered water



Directions

- 1. In a large bowl, place sliced and cored apples, seasonings, sweetener, lemon juice, vanilla extract and water and stir until well combined.
- 2. Transfer to your Instant Pot and secure the lid, seal the valve. Cook for 20 minutes on high pressure, then allow a full natural release. Remove the lid.
- 3. Using an immersion blender (or transfer batches in a regular blender), blend the contents until smooth. Taste test for desired sweetness/tart level. (i.e. want more tartness, add 1 tsp increments lemon juice, sweetness 1 Tbsp increments of sweetener, spice 1 tsp increments seasonings). Add the contents back into Instant Pot and press Saute. Allow to cook for 30-60 minutes while stirring frequently until the apple butter has thickened and darkened to desired consistency.
- 4. Press Cancel on the Instant Pot, then allow the apple butter to cool completely before transferring to large mason jars. Store in the refrigerator for up to 3 weeks. Freeze for up to 6 months. (Make sure you sharpie today's date on the jar!)