

## Ingredients

- 1 plain flavored yogurt cup (non-dairy, greek, or cottage cheese)
- 1 scoop vanilla protein powder\*
- 1 tsp almond extract
- 1-2 Tbsp dark chocolate chips, melted
- 1 Tbsp cherry preserve or fresh cherries, mashed
- 7 raw almonds, chopped
- Pinch of sea salt flakes



## Directions

1. Mix protein powder, almond extract and cherries into your preferred yogurt cup.
2. Top with melted dark chocolate, almonds and a pinch or two of sea salt flakes.
3. Freeze for 10 minutes to harden the chocolate, crack into it with a spoon and enjoy!

Notes: \*[Equip Foods](#) is my go-to for protein powder! Use code: ROOTS for 15% off your [first order today!](#)