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The BEST gluten-free skillet cornbread made with just 10 ingredients! Fluffy, perfectly sweet, crumbly and so tasty!

## Ingredients

- 1 cup yellow cornmeal
- 1 cup gluten-free 1 to 1 baking flour (or paleo baking flour)
- ¾ cup unsweetened plant based milk
- ¼ cup cup organic cane sugar
- ¼ cup extra virgin olive oil
- 2 eggs room temperature; lightly beaten
- 1 Tbsp grass fed butter or coconut oil
- 1 tsp apple cider vinegar or lemon juice
- 1 ½ tsp baking powder
- ½ tsp baking soda
- ¼ tsp pink Himalayan sea salt

## **Directions**

- 1. In a liquid measuring cup, measure out milk and add 1 tsp apple cider vinegar or lemon juice. Mix until combined and set aside. How to create "buttermilk" plant-based way!
- 2. Preheat the oven to 375 degrees. In a 9 inch cast iron skillet, melt 1 Tbsp grass fed butter or coconut oil on the stove top. Make sure the melted butter has coated the bottom and sides of the skillet. Set aside to cool.
- 3. Add dry ingredients to a large mixing bowl and whisk to combine.
- 4. In a medium mixing bowl, mix the oil, "buttermilk" mixture, and whisked eggs until combined.
- 5. Slowly pour the liquid mixture into the dry mixing bowl and whisk until fully combined.
- 6. The batter should be thick but pour-able. Add more cornmeal or flour if too wet or almond milk if too thick in 1 Tbsp amounts.
- 7. Pour batter into the prepared oiled skillet and bake on a center rack for 25-30 minutes, or until the edges are light golden brown and a toothpick inserted into the center comes out completely clean.
- 8. Let cool completely in the pan for 10-15 minutes set on a wire rack to speed the cooling process. To remove, run a dull knife around the edges to loosen, then slice and serve.
- 9. Serve with butter, maple syrup, or honey.
- 10. Store covered at room temperature for 2-3 days, or in the refrigerator for 3-4 days. Freeze up to a month.

## **Notes**

- Like a spicy kick in your cornbread? Feel free to mince in 1 jalapeno or green chilis to the batter.
- I have not tested this recipe with other sweeteners such as coconut sugar or maple syrup so if you try to sub sugar out, the texture and flavor may be off.
- Here are the brands I use for this recipe: <u>GF 1 to 1 baking flour</u>, <u>yellow cornmeal</u>, and <u>paleo baking flour</u>, <u>organic cane sugar</u>